

SAINT JOHN'S

THE MAGAZINE OF SAINT JOHN'S HEALTH CENTER FOUNDATION | SPRING 2018



INSTRUMENTS OF PROGRESS

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MOON TIDE

VP, Branded Media: Emily S. Baker

Creative Director: Ajay Peckham

Editor: Shari Roan

Copy Editor: Laura Watts

Contributors:

Sandi Draper, Travis Marshall,
Nancy Sokoler Steiner, Nancy Brands Ward

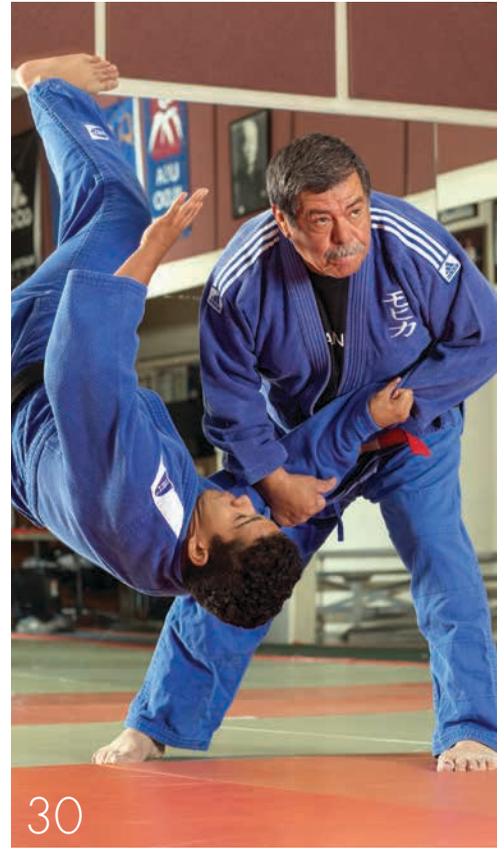
Photographers:

Kristin Anderson, Michael Neveux,
Monica Orozco

Managing Partners:

Charles C. Koones, Todd Klawin

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MESSAGE FROM THE FOUNDATION

Last fall we joined with our employees, friends and neighbors to celebrate the 75th anniversary of Providence Saint John's Health Center. In 2018 and beyond we continue to map out the future of our cherished hospital, and we do so with a commitment to maintain the spirit, values and traditions that have molded our identity and reputation.

The founding Sisters gave us the blueprint for compassionate health care and taught us the importance of living our values. Although the Sisters have passed the torch on to lay people, we remain just as passionate about our Mission. The Sisters who remain with us today continually remind us of why they came here: to provide us with Mission-based, faith-based Catholic care.

This issue of *Saint John's* magazine gives us a glimpse into the future. Our path ahead is exciting and full of promise. But the need to hold true to our values is more important than ever. As medicine increasingly moves into the world of high technology, we cling to a belief in the human touch—in personalized, humanistic care. As our population ages and diversifies, we seek to help everyone who comes through our doors and assist them in navigating an increasingly complex health care environment.

You—our friends and supporters—make many of our improvements in technologies and facilities possible. But you also remind us that we stand out because of our people, our beliefs and our traditions. The type of care that Saint John's provides will never be out of vogue. Thank you for your generosity and contributions to our cause.

ROBERT O. KLEIN
President and CEO
Saint John's Health Center Foundation

MARY FLAHERTY
Chair
Saint John's Health Center Foundation Board of Trustees

FROM HUMBLE BEGINNINGS— SANTA MONICA HISTORY MUSEUM LOOKS BACK AT 75 YEARS OF SAINT JOHN'S

The Santa Monica doctors who asked the Sisters of Charity of Leavenworth, Kansas, to help them build a hospital in 1920 were turned down. There weren't enough Sisters available for such an undertaking, and they had to say no.

Luckily doctors can be persistent. They asked the Sisters again in 1938, and a deal was struck.

This was the first of many stories shared during a collegial January 20 panel discussion about the history of the hospital. It was the culminating event of the Santa Monica History Museum's exhibit "Saint John's Health Center: 75 Years of Healing, Discovery and Service to the Community." Hospital photos, documents, stained glass window reproductions, time capsules and medical devices were displayed in the museum's main exhibit hall, while Bing Crosby's 1947 fundraising medley for the hospital, "Ode to Saint John's," played in the background.

The hospital groundbreaking in May 1941 occurred at an inauspicious time in history. But the challenges the founders faced allowed those with multiple talents to shine, according to Saint John's archivist Sister Maureen Craig, SCL.

"In 1941 we had Pearl Harbor, and all the able-bodied men went trucking off to serve the country. So we were left with a bunch of doctors," she said with a smile, drawing laughter from the audience. "One day this man was painting the lobby, and a man rushed in and said, 'There's been a terrible wreck at 20th and Arizona, and I need a doctor.' The painter put down his paintbrush and wiped his hands on his coveralls. The man said, 'Listen, guy. I don't want a painter; I want a doctor.' The painter said, 'Oh, I do that too.' He was the chief of surgery."

Sister Maureen was joined in the panel discussion by John R. Sellman, MD, orthopedic surgeon and past chair of the Health Center's board of directors, and John M. Robertson, MD, past chair, current Foundation trustee and director of thoracic and cardiovascular surgery. Dr. Sellman told the story of the challenge that almost flatlined the entire Health Center: the January 17, 1994, Northridge earthquake. "I went to the emergency room, and it looked like a scene from the television series *M*A*S*H*. It was dreadful."

The hospital evacuated its 193 patients to other hospitals. Dr. Sellman was visibly moved by his memories of walking the halls after everyone had left, checking each room and turning off the lights for the last time. "It was a very sad moment," he said.

But, as before, the hospital overcame a difficult obstacle, and outpatient treatment resumed quickly. Inpatient care re-opened nine months later.

Dr. Robertson discussed the extensive medical advances Saint John's is known for worldwide, starting with the technique to treat congenital heart disease in babies in 1951 and continuing through the discovery in the 1990s of the sentinel node biopsy technique and today's advances in surgical oncology, immunotherapy and translational research that have been pioneered at the John Wayne Cancer Institute.

Many in attendance agreed it would be a shame for the artifacts to return to filing cabinets once the exhibit concludes. There is discussion of displaying some objects in a public area of the Health Center to be enjoyed by Saint John's patients, families, employees and the community.



(From left)
Susan Wilson, director, development and stewardship, Saint John's Foundation; for Santa Monica History Museum: Annette Doss, board member; Sara Crown, MSLIS archivist; Eddie Guerboian, development director; and Sister Maureen Craig, SCL, Saint John's Foundation.



Three-dimensional breast imaging. Robotic surgery. Translational medicine. These concepts and technologies have all become part of the medical vocabulary in just the last few decades. With each addition to that vocabulary, the ability to diagnose and treat illness—and save lives—has improved.

Saint John's has always been a leader in adopting significant new technology and gracefully combining it with our dedication to compassionate care. It is that combination that makes us unique.

What makes Saint John's stand out as a community hospital is that we synthesize a deep well of expertise to provide high quality clinical care, cutting-edge technology *and* research. We combine the best aspects of a major academic medical center with the accessibility and patient-centric focus of a community hospital.

In the 75 years since Providence Saint John's Health Center first opened, the world of medicine has changed dramatically—from our understanding of the many factors that cause disease to huge leaps forward in areas such as minimally invasive surgery and precision

medicine. The next 75 years will without question see major advances in not just *treating* illness but also *preventing* it.

Our path ahead is full of promise. We will continue leading with new technology, new research and new efforts to assist patients in navigating the complexities of the health care environment. What will not change is our dedication to the Saint John's Mission and the values that it embodies.

I am humbled and grateful to be among those who have pioneered the first 75 years. The past was very successful; the future is very exciting.

A handwritten signature in black ink, appearing to read 'M Loh'.

MARCEL LOH

Chief Executive

Providence Saint John's Health Center
and John Wayne Cancer Institute

WE WANT TO HEAR FROM YOU

We produce *Saint John's* magazine biannually to update you on what's new and exciting on the Saint John's campus.

Feel free to call, email or write to us with any feedback, suggestions or questions.

Phone: 310-829-8424 Email: melissa@c-2k.com

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MARK THE DATE

APRIL 27-29

Chautauqua Weekend

A weekend full of education and camaraderie awaits trustees, donors, physician partners, Health Center leadership and special friends at the annual Saint John's Health Center Foundation board of trustees Chautauqua Weekend. The retreat will include a variety of presentations on current medical, scientific and technological topics and trends.

MAY 10

Pacific Neuroscience Institute Clinic Opening

The Foundation Board of Trustees along with the founders of Pacific Neuroscience Institute will unveil the new PNI Clinic at 2125 Arizona Avenue with a "first look" reception for board members, Health Center leadership and donors.

MAY 16

Irene Dunne Guild Think Pink for Women's Wellness

Think Pink for Women's Wellness is a celebration of mothers, sisters, daughters and dear friends. This year's event will be held May 16, 8:30 a.m. to 3 p.m., at the Upper Bel Air Bay Club. Featuring morning breakout sessions with notable doctors and speakers on women's health and boutique shopping throughout the day, the event culminates with a luncheon and keynote speaker. Tickets are \$125 per person. "Think Pink" co-chairs are Sandy Line and Loraine Sinskey. For more information, contact Esther Espinoza at Esther.Espinoza@stjohns.org.

MAY 9

ABCs Mother's Day Luncheon

This star-studded Mother's Day Luncheon and boutique at the Four Seasons Hotel in Beverly Hills will benefit breast and prostate cancer research at the John Wayne Cancer Institute at Providence Saint John's Health Center. For more information, contact Grant Associates at 323-904-4400.

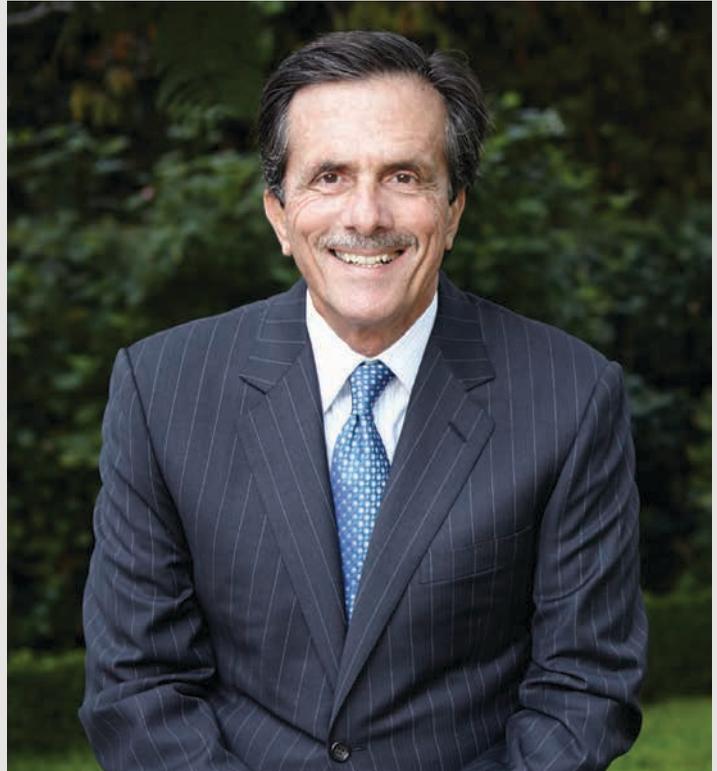
MAY 10

Board of Advocates Luncheon

The biannual luncheon, held at the Luxe Sunset Hotel, will feature a presentation by Hyun Bae, MD. Dr. Bae is the medical director of The Spine Institute at Providence Saint John's Health Center. He is a nationally-recognized leader in minimally-invasive, non-fusion spinal treatments including the deployment of stem cells.

For more information about these and other upcoming events, please visit www.SaintJohnsFoundation.org or call 310-829-8424.

IN MEMORIAM



Trustee Mark W. Gibello

With his many friends and family, we mourn the passing of trustee Mark Gibello on February 13, 2018. He will be missed by all who had the pleasure of working with this charismatic and generous man who shared his many talents to help Saint John's and our community.



Katherine May McKay

With her many friends and family, we mourn the passing of Foundation donor and friend Katherine May McKay on August 30, 2017.

Kay and husband Tom were loyal supporters of Saint John's Health Center since the late 1980's.

GIFTS THAT MAKE AN IMPACT

Providence Saint John's Health Center has been blessed with a number of noteworthy philanthropic gifts to brighten our future. Philanthropic giving is critical to the continued excellence of Saint John's, and donations help the Health Center maintain its ranking as one of the very best hospitals. We are grateful to the following individuals and groups for their generosity and thoughtful contributions to the community's health care as we celebrated our 75th anniversary.



Providence St. Joseph Well Being Trust granted \$650,000 to Providence Saint John's Health Center to boost mental health services. Well Being Trust is a new national foundation focused on innovation and improvement for mental health and wellness outcomes. The grant will fund two programs:

- **Perinatal to 5 Mental Health Services** (\$450,000) — This grant to Saint John's Child and Family Development Center will provide for in-home therapists assigned to women/families at risk during pregnancy; hire a specialist to engage families and community partners; and support mental health consultants at early childhood education sites to assist at-risk children in mental and physical health, sensory/motor concerns, and nutrition.
- **Mental Health Navigation Program** (\$200,000) — Licensed clinical social workers at Saint John's will provide a coordinated, culturally and linguistically appropriate case management for Medi-Cal and Medicare patients who need to connect with mental health providers in the community.

Eva and William Fremont committed a planned estate gift of \$435,900 to Saint John's. Longtime supporters, William and Eva said they have "followed and admired the efforts and mission of Saint John's."

The Robert Wood Johnson Foundation provided \$315,000 to support the Child Family Development Center (CFDC) to fund the "Preschool Wellness Consultation: A Whole Body Solution to a Whole Body Problem." Three CFDC clinicians will roll out the program to 23 preschool and Head Start classrooms, impacting hundreds of local children and families.

Dahli and Randy Brant gave a generous gift of \$250,000 in support of their community hospital, Saint John's and in appreciation of the care their family has received here.

John Meyer presented Saint John's with a gift of \$250,000 that will be used to support nursing education.

Su-Z and Ted Schneider donated \$250,000 in honor of the Health Center's 75th anniversary to support programs and services, including those at the neonatal intensive care unit aimed at enhancing family-centered care. Ted has been a Foundation trustee since 2013 and Su-Z is a founding member and past president of the Irene Dunne Guild and an Angel of the ER.

Miriam and Michael Miller donated \$200,000 to support vital infrastructure for innovative research at Pacific Neuroscience Institute.

An anonymous donor provided \$182,000 to support the care of children treated at the Cleft Palate

Center at Providence Saint John's Health Center.

The Atlas Family Foundation awarded \$150,000 for services at the Child Family Development Center. The Atlas Family Foundation funds community-based programs that place individuals on a trajectory to health and success by serving the needs of young children and their families in Southern California. The foundation has supported the CFDC's Prenatal Wellness Program since 2011.

Native Sons of the Golden West provided \$130,000 to the care of children at the Cleft Palate Center. The donation continues a 49-year tradition by the Native Sons in supporting this important program.

Lynn and Mike Croft, a trustee since 2008, recently donated \$100,000 to support cardiac services.

Beth and Bob Lowe, a Saint John's trustee since 2013, recently gave \$100,000 for the Cardiac Million Dollar Club.

Robert Nichols has provided \$100,000 to support ophthalmology services at Saint John's. The donation reflects Robert's gratitude for the outstanding care received by a family member treated by Larry Garwood, MD.

Mary and Ed White, a trustee since 2017 and long-time friends of Saint John's, made a gift of \$100,000 in honor of Saint John's physicians Paul Natterson, MD, and Shephal Doshi, MD. The donation was made to the cardiac electrophysiology education and research fund.

REACHING OUT TO OUR NEIGHBORS

Foundation Commits More Than \$1.2 Million to Local Community Health Programs

The 2018 Community Impact Fund grantees were announced earlier this year, with more than \$1.2 million in funds targeted to Westside community health partners serving vulnerable and underserved populations.

Chaired by Saint John's Health Center Foundation trustee Carl W. McKinzie, the Community Impact Fund Advisory Committee awarded grants to Boys and Girls Club of Santa Monica, Catholic Big Brothers Big Sisters, CLARE Foundation, Didi Hirsch Mental Health Services, Pacific Palisades Task Force on Homelessness, Safe Place for Youth, Santa Monica Family YMCA, Santa Monica-Malibu Education Foundation, The People Concern, UCLA Health/Sound Body Sound Mind, UCLA/VA Family Resource and Well-Being Center and the Westside Food Bank, as well as Providence Saint John's Health Center's Child and Family Development

Center, Community Health Partnership Program, Community Health Education Program, Homeless Care Navigation Program and John Wayne Cancer Institute Surgical Oncology Fellowship Program.

"We are pleased to make these investments in better health and better lives for so many people in need," Carl says. "These funds will do an enormous amount of good in our local communities by increasing access to health care and supportive services for many vulnerable populations."

"As an institution, Saint John's has a 75-year legacy of caring for poor, vulnerable and underserved populations," says Bob Klein, president and CEO of Saint John's Health Center Foundation. "This is one means by which we are able to empower community partners to join with us in improving community health and welfare."



Funding from Saint John's Health Center Foundation has allowed **Westside Food Bank** to acquire an additional 375,000 pounds of fresh fruits and vegetables this year. The produce was distributed to the food assistance programs of 70 social service agencies within Saint John's Health Center service area. The grant is helping meet a vital community need for consistent food access for those unable to afford adequate nutrition. The benefits of having fresh produce include better ability to focus, improved education outcomes, and a lower risk for obesity, hypertension, diabetes and other diseases exacerbated by a poor diet. Shown here: executive director Bruce Rankin speaking to a group of young volunteers in the WSFB warehouse.



2018 Affiliation Fund reception (from left): Santa Monica Boys and Girls Club long-time board member Eddie Guerboian; Santa Monica Boys and Girls Club vice president of resource development, Amy Donahue; chair of Community Impact Fund and Saint John's Health Center Foundation trustee, Carl McKinzie; Boys and Girls Club special events manager, Nailah Roque; Saint John's Health Center Foundation president and CEO, Robert O. Klein; Saint John's Health Center Foundation chair, Mary Flaherty; and mayor of Santa Monica, Ted Winterer.



The Santa Monica-Malibu Education Foundation received funds to support student wellness programs at targeted schools in the Santa Monica-Malibu Unified School District. "Student wellness programs continue to be a vital part of the curriculum for many students in the Santa Monica-Malibu public schools," says Linda Greenberg, executive director of the Santa Monica-Malibu Education Foundation. "Addressing the physical and social-emotional needs of students at every stage of development is a priority to ensure students are set up for academic success." Shown here: mindfulness instruction at John Adams Middle School.



UCLA Health Sound Body Sound Mind Foundation received funds to support three middle schools in Santa Monica with state-of-the-art fitness centers and physical education curriculum. UCLA Health Sound Body Sound Mind works to combat childhood obesity and promote self-confidence and healthy lifestyle choices among today's youth.

THE BOARD OF TRUSTEES WELCOMES NEW MEMBERS

The Foundation board of trustees is a thriving and growing group! We wish to welcome five new members who will bring additional insights and energy. The Foundation board of trustees give generously of their time, talent and resources to assist the Foundation in our effort to strengthen the Health Center and serve our community. Thank you to all who serve.



CINDY CONNOLLY is a graduate of Stanford and also holds a master's degree from Columbia University. Cindy is currently a managing partner of a private investment firm, a trustee of several family foundations and serves as a director of the Los Angeles County Sheriff's Department College Scholarship Fund. She is also a director of the Jean Perkins Foundation. Cindy has strong historical bonds with Saint John's Health Center. She and her

husband, Joe, have five children. Cindy has previously served as a Foundation trustee and is delighted to return.



RICHARD F. CORLIN, MD, earned his medical degree from Hahnemann Medical College in Philadelphia, Pennsylvania, and completed his internal medicine internship and residency at Hahnemann Hospital. Dr. Corlin cofounded Southern California Medical Gastroenterology Group, Inc. In 1991 he was selected to serve a four-year term on the advisory committee to the director of the National

Institutes of Health. Dr. Corlin's long-standing commitment to health care resulted in his selection as president of the American Medical Association in 2001.



STANLEY IEZMAN is chairman and chief executive officer of American Realty Advisors, responsible for the strategic planning and direction of the firm's investing and operational activities. Stanley is a noted speaker on real estate investment and has authored numerous articles on related issues for real estate, pension and legal industry publications. He is an adjunct professor at the University of Southern California's Sol

Price School of Public Policy, where he teaches real estate asset management in the Master of Real Estate Development Program and is a member of the executive committee of the USC Lusk Center for Real Estate.



ROBERT (BOB) SHUWARGER is the founder and managing partner of the Los Angeles accounting firm Shuwarger & Company LLP. Bob began his career with PricewaterhouseCoopers LLP and started his own accounting practice in 1984. Shuwarger & Company LLP is a multidimensional tax and business management provider. Bob is a Los Angeles native, earning a BA degree from

the University of California, Los Angeles, and an MBA from the University of Southern California. Bob supports many charitable organizations.



JAMES (JIM) TOTH is a senior motion picture talent agent at leading entertainment and sports agency Creative Artists Agency (CAA). He received a bachelor's degree in political science from Loyola Marymount University. Jim is a founder and board member of the women's fashion and lifestyle brand Draper James. He is also a founder and director of Hello Sunshine, a multiplatform media company launched in conjunction with Otter Media—a joint venture between Peter Chernin and AT&T. Jim serves on the boards of Heart of Los Angeles and Matthew McConaughey's Just Keep Livin' Foundation.

MARY FLAHERTY ASSUMES LEADERSHIP OF THE BOARD OF TRUSTEES

WRITTEN BY **SANDI DRAPER**



Mary Flaherty may be the new chair of the Saint John's Health Center Foundation, but she is anything but new to the Foundation's work. In fact, it's a family affair.

Her father, Jim Hesburgh, was chair of the Foundation from 1989 to 1991, and Mary and her mother, Mary Hesburgh, were founding members of the Irene Dunne Guild. Mary has been involved with the Foundation for 30 years and a member of the Foundation board since 2003.

She recently took some time to share her goals for the future and insights into how the Foundation functions.

WHAT VISION DO YOU HAVE FOR THE FOUNDATION AS ITS NEW CHAIR?

As incoming chair, I look forward to the formation of a Philanthropic Strategic Planning Committee, working with Gretchen Willison, a Foundation member and incoming vice-chair, who will assist in spearheading this endeavor. This new committee recognizes the importance of a three- to five-year strategic plan for our future fundraising. This committee will build on the excellent groundwork that was laid by our outgoing chair, Donna Schweers. A second priority will be trustee engagement. Over the past several years, we have had many connected and incredibly talented individuals join our Foundation

board. Every trustee brings a special skill set and interest to the Foundation, and we want to identify how each trustee would like to be more engaged with the Foundation. A third priority is to examine what committees we currently have in relation to our strategic plan and to set goals for these committees.

HOW ARE FOUNDATION TRUSTEES SELECTED, AND WHAT MAKES A SUCCESSFUL ONE?

Having served on the board affairs committee for the past 10 years, I would say that we have an excellent selection process that has become more refined over the past several years. Trustees of the Foundation, physicians and members of the board affairs committee nominate members of the community. The board affairs committee researches the nominees, and the nominees are also invited to Saint John's Foundation events so other members of the Foundation can meet them. These nominees are eventually invited for a meeting with the committee for lunch and a tour of Saint John's. During this time, we review the "roles & responsibilities" of being a trustee with each nominee. The board affairs committee presents a slate of nominees at each quarterly meeting for a vote. Many of the nominees and eventual trustees are very eager to get started on a committee once elected to the board. After the trustees join the board they meet with key physicians, attend a formal orientation and get a "behind-the-scenes" tour of the health center.

THE FOUNDATION IS COMPRISED OF TRUSTEES FROM VARYING BACKGROUNDS AND AREAS OF EXPERTISE. WHAT IS IT ABOUT THE COMBINATION OF PEOPLE THAT MAKES IT WORK SO WELL IN BENEFITING THE HEALTH CENTER AS WELL AS THE JOHN WAYNE CANCER INSTITUTE AND THE PACIFIC NEUROSCIENCE INSTITUTE?

We are very fortunate to have both

physicians and people from the community on the Foundation board. I believe that this combination is an enormous asset to the hospital, John Wayne Cancer Institute and the Pacific Neuroscience Institute because of the communication and collaboration between both parties. At our quarterly meetings and many of our committee meetings, the doctors and hospital leadership are consistently giving the Trustees updates on the current priorities within the various institutions. When priority needs are identified, the members of the Foundation board are able to work together in a symbiotic way. Some of our Foundation members are current or former patients of the hospital, the Institute or PNI, and that personal connection can be very powerful.

THERE HAS BEEN A "NEW GENERATION" OF TRUSTEES ADDED TO THE FOUNDATION IN RECENT YEARS. HOW DID THE FOUNDATION OVERCOME—OR AVOID—THE GROWING PAINS THAT CAN COME WITH SUCH CHANGES?

As with any successful organization, evolution is necessary. We have strong shoulders to stand on with our longtime and faithful Foundation trustees—they are truly the backbone of our past success and accomplishments to date. Many of our longtime trustees are still very active on the Board and are essential to our institutional knowledge. It is important for us to be able to see where we have come from when we are planning for the future. We have a new generation of trustees who have joined the Foundation in the past several years and bring with them a new energy and innovative ideas to the board. They come from a variety of backgrounds: philanthropy, entertainment, finance, etc. It is essential that this new energy and enthusiasm are harnessed, and it is essential that the board identifies how they would like to be involved with the future of the hospital, John Wayne Cancer Institute and Pacific Neuroscience Institute.

PROVIDENCE SAINT JOHN'S HEALTH CENTER 75TH ANNIVERSARY GALA

Saint John's Health Center Foundation and Irene Dunne Guild hosted Providence Saint John's 75th Anniversary Gala Celebration: The Future of Excellence in Personalized Healthcare on October 21, raising a record-breaking \$1.4 million. The event, took place at 3Labs in Culver City, commemorated Saint John's founding and unveiled a new era of medical innovation.

The event featured a special performance by Emmy-nominated actor, singer and songwriter Darren Criss and the cast of the gospel/rock 'n' roll musical *Shout Sister Shout!* More than 700 attendees including Helen Hunt, Heather Morris, Loni Love, Jay Huguley and Jim Toth enjoyed a gourmet dinner by the Kitchen for Exploring Foods as well as specialty Ketel-Soda cocktails by Ketel One vodka. The event brought attendees back to the origins of Saint John's with a special homage to the Santa Monica Pier including ferris wheel rides and carnival snacks.

The 75th Anniversary Gala Celebration honored the people of Saint John's who make the difference—a community of physicians, researchers, staff, trustees, volunteers and grateful patients all working together to save lives. Net proceeds will benefit vital programs, services and greatest needs within distinguished areas of excellence at Saint John's Health Center including cancer, cardiac care, maternal and child health, men's health, neuroscience, nursing, orthopedics, thoracic surgery and urology.

Leadership support included event diamond chairs Christine and Jordan Kaplan, Dominic Ornato, Cindy and Bill Simon as well as dinner chairs Debra and Norris Bishton, Abbott L. Brown and Jerrie Paula Brown, Stella Hall and Jim Fordyce, the Martha and David Ho family, Beth and Bob Lowe, Shelby Notkin, Donna Schweers and Tom Geiser, and Donna Tuttle and David Elmore. Event vision and lead volunteer support was provided by Irene Dunne Guild gala chair, Kathy Yawitz and committee members Maria Arechaederra, Catherine Corlin, Evelyn Guerboian, Christine Centolanza Hanscom, Jane Loh, Charlene Underhill Miller and Angela Vassallo.

This year's honorary event committee included Julie Andrews, Jennifer Beals, Annette Bening and Warren Beatty, Don Cheadle, Embeth Davidtz and Jason Sloane, Zooey Deschanel, Allyson Felix, David Foster, Jennifer Garner, Armie Hammer and Elizabeth Chambers, Tom Hanks and Rita Wilson, Jay Huguley, Michael Keaton, Johnny Mathis, Katharine McPhee, Angela Lansbury, Chris O'Donnell, P!nk, Dennis Quaid, Ray and Anna Romano, Vin and Sandy Scully, Jane Seymour, Maria Shriver, Reese Witherspoon and Jim Toth.



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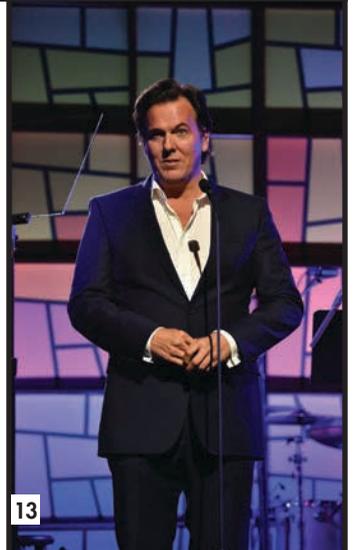
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1. Akiko Inoue, Dr. Santosh Kesari; 2. Trustee Donna Schweers, Tom Geiser; 3. Suzanne Nelson, Dr. Steven J. O'Day; 4. Marcel Loh and Jane Loh; 5. Darren Criss, Heather Morris; 6. Trustee Dominic Ornato; 7. Guest toast the 75th anniversary; 8. Sister Maureen Craig; 9. Trustees Dominic Ornato and Bill Simon; 10. Tarek Kutrieh, Dr. Jennifer Linehan, Adrianna Schmidt, Josh Hanelin, Diana Tsow and Doug Scherrer; 11. Jacqueline Pack and Joshua Pack; 12. Darren Criss; 13. Jay Huguley; 14. Dr. Steven J. O'Day; 15. Trustee Edward White, Mary White, Jinya Doshi, Dr. Shephal Doshi; 16. Teresita Tinajero, Trustee Shelby Notkin; 17. Erin Dowling, Dr. Jason Tarpley, Ron Campbell, Debra Jean Houle; 18. Marcel Loh, Robert Klein; 19. Helen Hunt



A NEW ERA FOR SAINT JOHN'S

ILLUSTRATED BY ELENA LACEY

SAINT JOHN'S CELEBRATES AN ANNIVERSARY AND LOOKS TO THE FUTURE.

WRITTEN BY SHARI ROAN & TRAVIS MARSHALL

*"Start by doing what's necessary;
then do what's possible, and suddenly
you are doing the impossible."*

— Saint Francis of Assisi

In 1942 the Sisters of Charity of Leavenworth opened a hospital in Santa Monica to meet the needs of a growing community badly in need of medical services. Some would say that during those early, pioneering years, the sisters did what was necessary, what was possible and what seemed impossible.

Today that can-do attitude is still on display at Providence Saint John's Health Center. As the Health Center celebrates 75 years, its leaders and supporters look ahead to new heights in quality care through its partnership with Providence St. Joseph Health. The chief ingredients for continued success are in place, however, beginning with the dedicated group of donors and trustees who feel strongly that the Westside community should protect and preserve its world-class hospital.

The Saint John's Health Center

Foundation serves as the conduit linking the past and the future. The Foundation has been the hospital's dedicated partner for decades—including the years of rebuilding following the 1994 Northridge earthquake, says Donna Schweers, member of the Saint John's Health Foundation board of trustees, and immediate past chair. The Foundation is committed to ensuring support for medical research, world-class doctors, top-flight nursing, the latest technology, new facilities, leadership development and community engagement.

"The Foundation has been the rock of this hospital; just look at the rebuilding of the hospital after the Northridge earthquake," Donna says. "We have a committed board of trustees with influence in all areas of our community. They are a very vocal group. They care about the hospital and put their time in. They buy into our future."

The future will be characterized by what worked in the past, such as the ability to harness community leadership, says Bob Klein, president and CEO of the Saint



"THE COMBINATION OF THE LOCAL CARE THAT SAINT JOHN'S PROVIDES AND THE RESOURCES OF THE SYSTEM LEAD TO A ROBUST LEVEL OF CARE TO THOSE WE SERVE."

— ERIK G. WEXLER

John's Health Center Foundation. "That has always worked, and it's going to work again in the future."

The Health Center also has a stalwart partner in its sponsor, Providence St. Joseph Health, which assumed sponsorship of the Health Center in 2014 (the company was then known as Providence Health & Services). The two organizations were a good fit, bolstered by the traditions and values established by both groups' founding sisters.

"The caregivers at Saint John's provide incredible, compassionate care to our patients and families," says Erik G. Wexler, chief executive of Providence St. Joseph Health—Southern California Region. "The physicians at Saint John's have an outstanding passion for advancing care in our community and beyond."

Providence St. Joseph Health—an organization formed when Providence Health & Services partnered with St. Joseph Health System in Orange, California—is a leading provider of health care in the Western United States, says Marcel Loh, chief executive of Providence Saint John's Health Center and John Wayne Cancer Institute.

"Providence St. Joseph Health is the third-largest Catholic-sponsored nonprofit system in the country," Marcel says. "Because it's Catholic-sponsored, we're mission-focused and mission-based. Everything we do drives us back to the mission. We ask, 'How do we bring value to the local communities we serve?'"

"Being part of a large health care organization is really critical these days given the challenges we have in reimbursement and supply costs and to make sure we understand best practices to improve the care of our patients," Erik says.

Providence St. Joseph Health has already made a big difference, Marcel says, by helping with the phase two development plans at Saint John's—plans that feature construction of a south campus. The phase two development is vital to Saint John's.

But even with expansion, the Health Center will always retain its unique identity, Erik says. For example, he says, the system recently committed \$100 million to improve mental health services in the communities it serves. That support is

enabling Saint John's and its Child and Family Development Center to provide enhanced and expanded services on the Westside. "The combination of the local care that Saint John's provides and the resources of the system lead to a robust level of care to those we serve," he says.

Providence also welcomes the input of Saint John's leaders and physicians, Marcel notes. Several physicians have been asked to participate on key Providence committees guiding clinical care, such as neuroscience, cardiac care, and orthopedics and sports medicine. Like Saint John's, Providence hospitals have a strong tradition of combining excellent care with research and translational medicine.

"We benefit because Providence has multiple research entities across the system," Marcel says. "We can allow our patients to participate in clinical trials that are part of the 50 Providence hospitals across seven states."

Both Providence leaders and Saint John's leaders will work hand-in-hand to steer the Health Center's growth and development, including the future south campus facilities, Erik says.

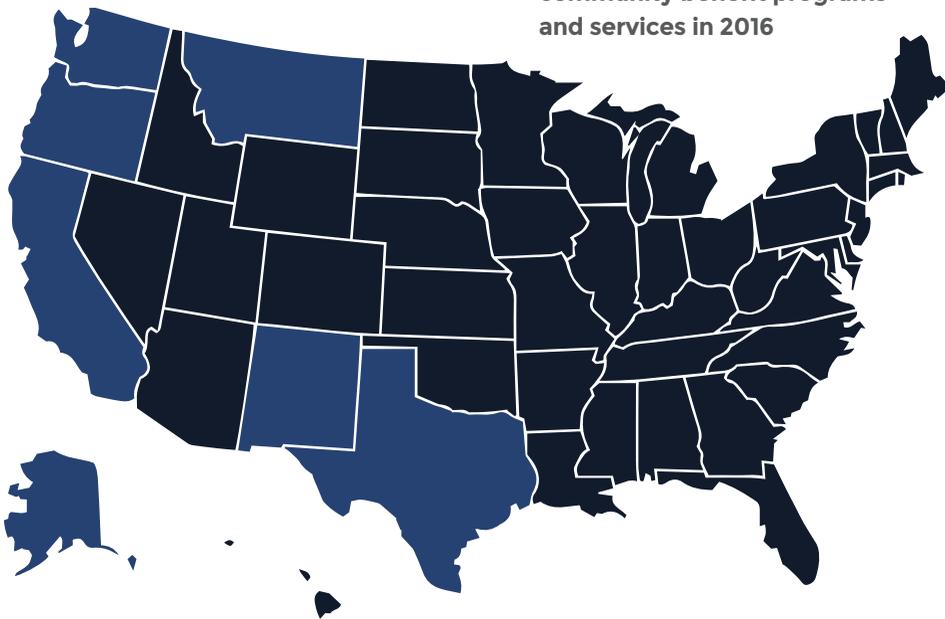
"We have a 25-year development plan to enhance and expand the campus for more state-of-the-art

research and for easier access to care," he says. "One of the strengths of Saint John's is that we have a very experienced and dedicated board of directors that helps drive the growth and development of our institution on behalf of the community. We should all be grateful for the time and effort of these volunteers. They are the best in the business. Saint John's is in good hands."

PROVIDENCE ST. JOSEPH HEALTH AT-A-GLANCE

Providence St. Joseph Health is the parent organization of Saint John's Health Center. In 2016 Providence Health & Services, based in Renton, Washington, merged with St. Joseph Health, based in Orange, to create the not-for-profit Providence St. Joseph Health system. Some facts on the organization:

- **Facilities in seven states**
- **50 hospitals**
- **829 clinics**
- **Employs more than 110,000 caregivers**
- **Covers 1.9 million people**
- **Spent \$1.6 billion on community benefit programs and services in 2016**



MEDICINE IN THE NEXT 75 YEARS

WRITTEN BY TRAVIS MARSHALL

In the 75 years since Providence Saint John's Health Center first opened, the world of medicine has changed dramatically—from our understanding of the many factors that cause disease to huge leaps forward in areas like minimally invasive surgery and precision medicine. However, the next 75 years may offer an even greater change in which medicine is used primarily to prevent illness rather than treat people after they get sick.

“Scientific wellness will be an enormous transformation in 21st-century medicine,” says Leroy Hood, MD, PhD. The renowned systems biologist and National Medal of Science recipient is co-founder and chief strategic officer of the Institute for Systems Biology, an affiliate of Providence St. Joseph Health, sponsor of Saint John's. “Right now, 90% of health care dollars are focused on treating disease and almost none on wellness. I think we'll see the emergence of a scientific wellness industry where 90% of health care dollars go to wellness and only 10% to disease.”

Dr. Hood says this shift to disease prevention will require a “systems” view of health care, which means that all the factors that lead to disease—especially lifestyle, genetic and environmental factors—will be considered. Evidence already exists to suggest these factors strongly contribute to health.

Achieving this wellness goal requires personal health data clouds for each individual where health data is compiled, stored digitally and analyzed across each individual's life to identify risk factors and detect diseases in their earliest stages. “This cloud will be dynamic, constantly growing, and doctors will be able to notice transitions happening before symptoms arise and fix the problems early,” Dr. Hood says.

The Institute for Systems Biology recently established its first trial with Providence to look at the “system” around Alzheimer's disease. “Through a multi-parameter therapeutic approach, I'm confident that over a three-year period we'll





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– DR. LEROY HOOD

learn how to detect Alzheimer’s at the earliest stage and bring people back to normal—most likely through significant changes in lifestyle, diet and exercise,” Dr. Hood says.

Another study at the Institute for Systems Biology seeks to apply the same approach to helping breast cancer patients recover from chronic illnesses resulting from intensive cancer treatments. “When a woman has gone through treatment for breast cancer, she may have one or more of 15 different complications. I think we can use scientific wellness to enormously improve their quality of life,” Dr. Hood explains. “We hope to track each complication, understand how to reverse them and bring patients back to normal using the data clouds.”

The result of this scientific wellness revolution will be an understanding of exactly what causes the transition from wellness to disease for all major types of chronic illness. Doctors will use that understanding to create new therapies that reverse these diseases at the earliest stages, before people even show symptoms—eventually eliminating chronic disease entirely, he says.

Dr. Hood says advances in genetics and epigenetics, which is the study of how genes are turned on and off by forces such as the environment, will help shape this transformation in the coming decades.

“With third-generation DNA sequencing [a quicker, more efficient analysis] we can sequence a human genome in 15 minutes, so DNA sequencing will become a standard part of clinical care,” he explains. “And our need to understand epigenetics is the reason technology and research are so important—and why we need community hospitals like Saint John’s to participate in that research.”

TRANSLATIONAL MEDICINE COMES OF AGE

Vital advancements on the leading edge of medicine happen when doctors can go “from the bench to bedside,” testing

new research on the deadliest diseases in real time.

“Translational medicine means making new discoveries and creating innovative treatment approaches for patients,” says Santosh Kesari, MD, PhD, chair and professor of translational neurosciences and neurotherapeutics at the John Wayne Cancer Institute, co-founder Pacific Neuroscience Institute (PNI) and director, neuro-oncology. “We have to push the envelope harder and faster because we can’t just keep doing standard treatments and expect anything to change. Patients expect more.”

This bench-to-bedside approach is how Dr. Kesari has made significant advances in treating devastating brain cancers like glioblastoma. Increasingly, resources will be needed to expand translational medicine to all healthcare fields.

“We’ve built an amazing infrastructure for brain cancer to allow us to move fast,” he explains. “But it also requires resources. Philanthropy is really what drives medical innovation. One of the reasons I came here was the Institute’s reputation for doing such high-level research in a community hospital setting.”



Dr. Santosh Kesari has helped lead advances in the treatment of several neurological conditions through translational medicine.

THE FUTURE IS SHAPING UP

Over the next two decades, Providence Saint John's Health Center will undergo its most significant expansion: the phase two development, which includes construction of a large campus on the south side of Santa Monica Boulevard. The new facilities will support the delivery of world-class health care services, including both inpatient and outpatient services, medical research, campus and community education, visitor housing and behavioral health and child care services.

This transformational project is currently undergoing environmental review by the city of Santa Monica. The vision for Providence Saint John's south campus master plan was developed by Moore Ruble Yudell Architects & Planners in collaboration with Perkins Eastman.



Sustainability elements will be incorporated throughout the campus, including the provision of photovoltaic panels on top of buildings, drought-resistant landscape native to Southern California, and design features intended to conserve water and energy throughout the developed campus.

Accessibility to the new buildings will be convenient for visitors and patients, with conveniently located drop-off areas, entrances and below-grade parking associated with each new building. A new open space, Saint John's Square, is proposed for the middle of the south campus. Its design will integrate the square with what will be an expanded and enlivened Mullin Plaza on the north campus.



Logistics support (deliveries, supplies distribution, etc.) will be located on the periphery of the campus in order to protect the center of the campus for pedestrian uses. New vehicle circulation will also be provided on the campus and concentrated on the periphery of the site to minimize any vehicular impacts on the pedestrian areas.



The campus will be pedestrian-friendly, with open spaces, bike parking, bike routes, pedestrian pathways and commercial activities that encourage congregation and healthful activities. Parking for vehicles will be provided in below-grade structures to be located on both the north and south campuses. The expansive open spaces are designed to provide a broad range of options for visitors and patients, including smaller, more intimate places for respite, reflection and healing and larger open spaces full of vitality and activity.

AT THE HEALTH CENTER'S HEART: AN EMPHASIS ON COMMUNITY AND PERSONALIZED CARE

WRITTEN BY SHARI ROAN

While growth and development is an inevitable part of a thriving institution, many traditions and values that are already well-known to Saint John's patients will remain embedded in its culture, says Bob Klein, president and CEO of the Saint John's Health Center Foundation. For example, he says, Saint John's is home to an outstanding faculty of physicians, nurses and allied health professionals.

"We are a community hospital, but our medical staff consists of a caliber of physicians you would typically see at a health center affiliated with an academic institution," he says. "The John Wayne Cancer Institute, for example, offers clinical trials and is on the cutting edge of medical innovation, but it's based in a community hospital."

What sets Saint John's apart is the unique combination of excellent medicine delivered in a hands-on, compassionate manner, says Donna Schweers, member of the Saint John's Health Foundation board of trustees, and immediate past chair.

"In our community we have so many competitors in health care. We have to be able to provide that high level of medical care to attract physicians to work here," she says. "But what draws physicians to Saint John's is our holistic and humanistic approach. We maintain excellent patient care services and are on the cutting edge of the services we participate in. But the hallmark of our organization is respect for the entire person. We have a high-touch, personalized care approach—a humanistic approach to medicine. We value the individual."

Saint John's is identified with passionate, long-term caregivers, excellent nursing care and physicians who feel they can practice personalized, high-quality care, Bob says. That type of care was provided when the Health Center opened its doors and was fostered by the sisters who served as hands-on caregivers in the hospital's early years.

"We maintain that commitment to provide care to all who come to us regardless of capacity and stature in life," he says. "Although the sisters have passed the torch on to lay people, the people in those roles are just as passionate as the sisters were about that."



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— DONNA SCHWEERS

LIVING CORE VALUES

The Health Center will never lose the focus on spirituality and focus on its mission to serve people of all faiths and all walks of life, Bob says. That includes:

To meet the spiritual needs of a diverse community, Saint John's will continue to offer appropriate forms of spiritual care to persons of all faiths.

To meet the needs of the suffering, Saint John's will provide new forms of palliative care that allow people to spend their final days in peace and with dignity.

To meet the needs of the poorest and most vulnerable among us, Saint John's will expand its outreach and the range of services through community partnerships as we care for those who are in need.

In 2018, Providence St. Joseph Health will release a unified Mission statement and list of core values throughout the health care system. As part of that process, caregivers have been asked to help describe the mission, values and treasures that make Saint John's special, says Paul Makarewicz, director of Mission for the Health Center.

"We will redefine the Mission statement and the values that we agree to hold up," Paul explains. "In talking to our caregivers, many of them mention our history and heritage as the center of our Santa Monica community and that we provide compassionate service people can trust."

The Health Center's long history of promoting compassionate care is embedded in the culture, he says. Caregivers are committed to maintaining that tradition even as the Health Center grows.

"The treasure of our Mission and values is what distinguishes us from other providers," he says. "We'll always have a clear Mission and values. That will be critical to holding our identity as we experience tremendous change. We wish to live and embrace our Mission and values and maintain that as a priority. It's not just a poster on the wall; we live it on a daily basis."



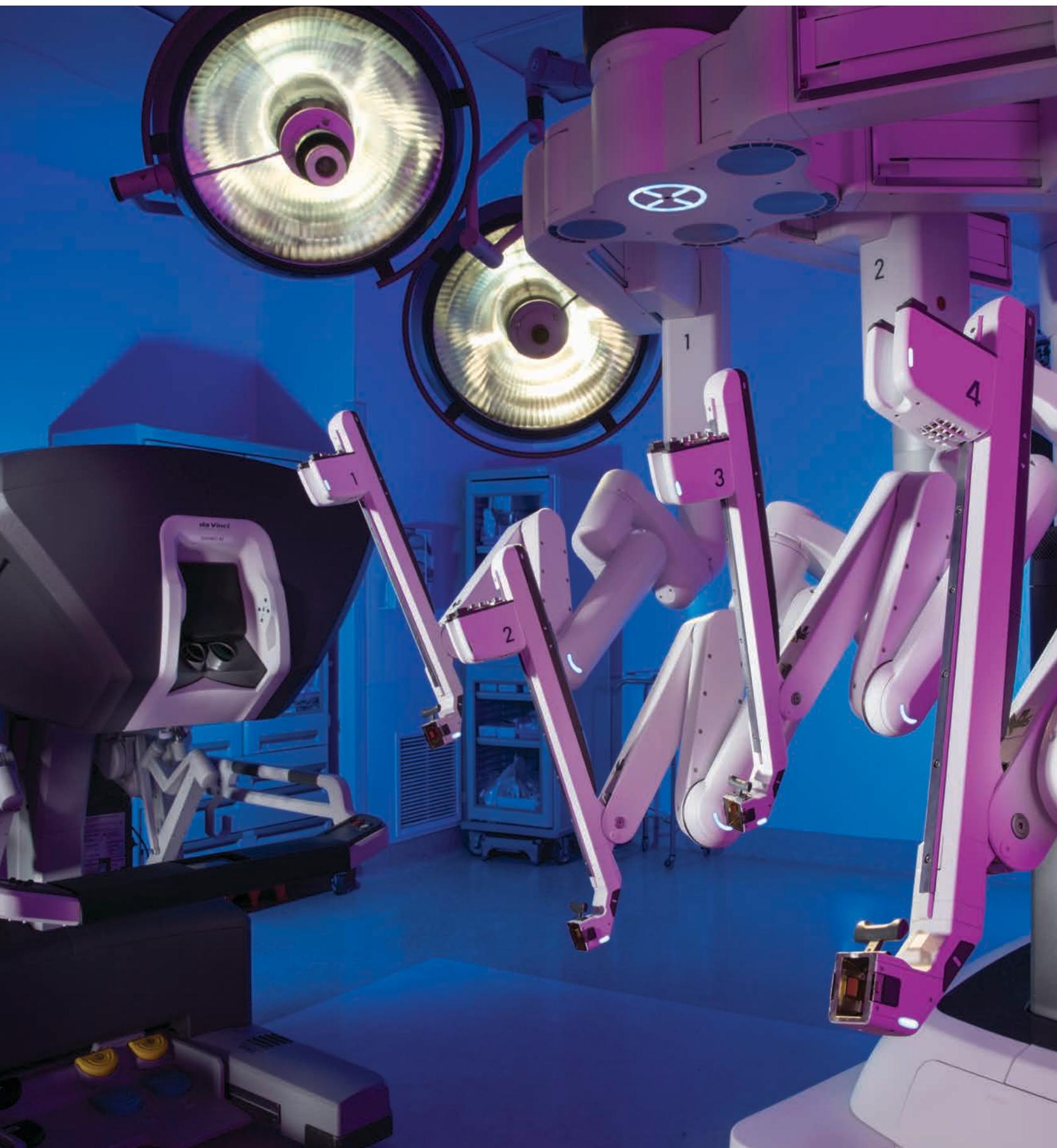
"THE TREASURE OF OUR MISSION AND VALUES IS WHAT DISTINGUISHES US FROM OTHER PROVIDERS ... THAT WILL BE CRITICAL TO HOLDING OUR IDENTITY AS WE EXPERIENCE TREMENDOUS CHANGE."

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"WE ARE A COMMUNITY HOSPITAL, BUT OUR MEDICAL STAFF CONSISTS OF A CALIBER OF PHYSICIANS YOU WOULD TYPICALLY SEE AT A HEALTH CENTER AFFILIATED WITH AN ACADEMIC INSTITUTION."

– BOB KLEIN







DaVinci XSi robot

REVOLUTIONARY TOOLS: THE LATEST MEDICAL TECHNOLOGY MEANS BETTER OUTCOMES FOR PATIENTS.

WRITTEN BY **TRAVIS MARSHALL**
PHOTOGRAPHED BY **MICHAEL NEVEUX**

Over the past 30 years the role technology plays in medicine has expanded exponentially. To operate at the leading edge of medicine today requires staying up to date with not only the latest research and procedural advances in medicine but also the latest equipment. However, medical technology acquisitions are typically expensive and require specialized training.

Providence Saint John's Health Center stands out in this respect—it's a community hospital with a deep well of expertise and cutting-edge equipment that puts it on par with much larger academic institutions around the country.

"We're unique for a community hospital, but we're committed to using the latest technologies because the outcomes are so much better," says David Tam, MD, chief operating officer of Providence Saint John's Health Center. "Staying on the cutting



Operating room
SonoSite

edge also helps ensure that we can attract the best medical professionals coming out of school who have had training on these devices.”

Among the latest and most revolutionary technologies used at the Health Center are three DaVinci surgical robots. “Rather than opening up the body, these robots allow the surgeon to operate through small holes,” Dr. Tam says. “The surgeries are higher quality; every cut and stitch is more precise, and the patient recovers faster.”

“WE’RE COMMITTED TO USING THE LATEST TECHNOLOGIES BECAUSE THE OUTCOMES ARE SO MUCH BETTER.”

The DaVinci robots proved so effective that the Health Center recently acquired its latest robot specifically for the outpatient surgical center. “I don’t know of anywhere else in LA that has these robots in both the inpatient and outpatient settings,” Dr. Tam says. “Our ability to make that happen was a direct result of fundraising by the Saint John’s Health Center Foundation.”

The Foundation is the driving force behind the Health Center’s ability to offer the latest medical care and support to the community.

“Health care is a \$3 trillion industry, but most hospitals have a very narrow operating margin that makes it hard to be innovative,” he says. “The Foundation is able to provide the resources we need to lean forward—thanks to generous private donations, corporate donors and grants.”

The Foundation also helps keep hospital staff up to date by providing resources for supplemental education and professional development. “We’re currently looking to create an Institute of Excellence for Nursing,” Dr. Tam says. “We want to continue building an environment where our nurses feel valued and want to advance their careers.”

The Edge Radiosurgery System is another recent acquisition that is helping to provide next-generation minimally invasive medical care. This technology uses a highly focused beam of radiation to target both cancerous and benign tumors inside the brain or body, typically delivered in only one to five treatments without the need for a rigid head frame.

“We use the Edge to treat tumors that are in

TECHNOLOGICAL DEVELOPMENTS AT SAINT JOHN’S ENCOMPASS IMPORTANT TRENDS IN MEDICINE INCLUDING:

- Virtual health care apps that enable Saint John’s patients to receive on-demand care via phone and video.
- The expansion of telemedicine, which reduces the need for travel in order to access medical expertise and enables Saint John’s physicians to participate in the diagnosis and treatment of patients in rural or international settings and for patients at Saint John’s to benefit from consultations with subspecialists elsewhere.
- The expanded application of personalized medicine and preventive care using information from genetic and other forms of biological testing. This enables Saint John’s physicians to help patients know their health risks, avoid injury and disease and improve their general wellness.
- The increased and improved use of monitoring devices, both worn and implanted, that will provide patients and their doctors with real-time alerts and information regarding their health status—summoning lifesaving help in many cases before patients are even aware of their need for assistance.



FOR MORE INFORMATION about how you can support equipment and technology opportunities, please contact John Miller at 310-829-8632 or john.miller@stjohns.org.



Tomosynthesis 3D breast imaging

NEW TECHNOLOGY

The Saint John's Health Center Foundation is proud to announce funding for the following technological innovations at Providence Saint John's Health Center:

- Tomosynthesis 3D breast imaging (\$1.2 million)
- Telemetry upgrades on medical/surgical floors (\$1.7 million)
- Cath lab improvements (\$800,000)
- Storz endoscopy system (\$1 million)
- HPLC 1260 Infinity 2 device (\$100,000)
- Olympus Scopes replacement (scopes have been much in the news for troublesome events elsewhere) (\$818,000)
- CSA Medical TrueFreeze (\$87,000)
- Operating room SonoSite (\$94,000)
- A second DaVinci XSi Robot which permits both inpatient and outpatient surgery (\$1.6 million)
- New digital media system for physician education, staff education and community education (\$350,000)

hard-to-reach areas as the only treatment or, in some patients, in combination with surgery and/or chemotherapy," Dr. Tam explains."

Technologies like the Edge and DaVinci robots facilitate advances within the hospital's operating rooms. The work there is complemented by imaging devices, another vital area of innovation. New tools like the Storz endoscopy system and Olympus scopes provide doctors a minimally invasive way to see inside the body with a high level of detail.

"Upgrading these devices was like going from an old tube TV to a 4K flat panel," Dr. Tam says. "They allow surgeons to see the precise incisions they're making and individual sutures they're tying."

Not all technological advances are aimed directly at medical procedures. Dr. Tam says other improvements they hope to make at the Health Center in the near future include a state-of-the-art nurse call system- a multi-million dollar undertaking which the Foundation hopes a generous benefactor- yet to be found- can help fund. •

Understanding One's Mission

Paul Makarewicz focuses on helping caregivers learn and live Providence St. Joseph Health values.

WRITTEN BY **SANDI DRAPER**

PHOTOGRAPHED BY **MONICA OROZCO**

Director of Mission is not a small role at Providence Saint John's Health Center. Filling the shoes of Sister Colleen Settles, who left the post in 2016 to serve in a leadership position in her order, wasn't going to be easy.

Plus, the director of Mission must embody the Health Center's core values and its work among the poor and vulnerable. The arrival of Paul Makarewicz has made for a smooth transition.

"Paul fulfills all of these needs as he joins us with more than 17 years of leadership experience in community health development and outreach program services," says hospital chief executive Marcel Loh. "Paul comes to us from Catholic Charities of Los Angeles Inc., where he served as program director for Ventura County—managing all aspects of their business, community services and outreach programs to support those in need."

Paul has a theology degree from Angelicum University in Rome, a master's degree in social work from the University of Illinois, Chicago, and a second master's in bioethics from Loyola Marymount in Los Angeles. He is also familiar with

Providence, having spent more than nine years as Mission leader for Providence Little Company of Mary in the South Bay.

"I was drawn to Catholic health care because of the Mission and core values that we stand for, from the legacy of our founding Sisters," Paul says. "I believe deeply in our Mission in revealing God's healing love—especially for the poor and vulnerable—putting that Mission into action in the care that we provide. We live that Mission through our values."

Paul serves on Marcel's executive leadership team. He also oversees the spiritual care services, led by department manager Lorraine Cenicerros, and the community health partnerships led by Ron

Sorensen, the director. Paul co-chairs the ethics committee with Thomas Ciesla, MD.

The interfaith approach to spiritual care allows chaplains to serve the unique needs of patients, family members and staff of the health care community. The chaplains' focus is on supporting the deeper spiritual meaning and understanding of suffering and sickness, health and wellness. Chaplains are assigned throughout the hospital and work in conjunction with the health care team.

"I have the opportunity to really mentor and support our leaders and other caregivers in their own understanding of Mission and core values—sometimes one-on-one and sometimes in presentations and





“ This is much more than a job. It’s really a calling to work here.”

reflections about the meaning of Catholic health care,” he says.

“I find fulfillment in knowing that our patients and families truly receive the compassionate care brought to them by our nurses and physicians and other caregivers who feel a deep call to serve in this ministry. That deep commitment brings such a quality of care to those in need,” Paul says. “This is much more than a job. It’s really a calling to work here. When people understand that and live that, that’s the most rewarding part of this work. We bring the love of God to people in their difficult times.”

One way of doing that is the Health Center’s partnership with Venice Family Clinic and Westside Family Health Center.

“We can help identify health care needs of the community and can bring resources from the hospital to assist in meeting community needs,” Paul says.

He also endeavors to support caregivers in communicating the Providence St. Joseph Health values and Mission to those they serve. While Health Center leaders have long received Mission formation, additional core leaders will have the opportunity this year to be part of an exciting new formation opportunity called “Mission and Mentoring.” This program has been a part of St. Joseph Health for many years and will now be offered throughout all of Providence St. Joseph Health.

Mission and Mentoring is a year-long

program that is comprised of six two-day sessions. Topics include: All Things Culture, Grounded in Self-Awareness, Leading Others, Foundations of the Catholic Tradition, Mission and Values Integration, and Leading Ministry.

“I find our caregivers are very receptive; they want to know: ‘How do I bring that to my daily work?’” he says. “We all need to embrace and deepen our understanding and living of that Mission and core values in every role within our ministry.”

Paul, the ninth of 13 children born to a Polish Catholic family from St. Louis, says his family instilled in him a strong sense of faith and service. He and his wife, Carmen, a geriatric nurse practitioner who provides care to homebound seniors, were married in 2014. He has played the trumpet since he was 10, beginning with classical training and then moving into jazz and liturgical music.

“Whatever my job is here at Saint John’s, that work supports the Mission,” he says. “Every person—from environmental services to clinical nursing—is important to the Mission. It’s a culture that comes from a strong, loving community of caring people, and I’m honored to be a part of that. I’m privileged to have a role as Mission leader of a hospital celebrating 75 years with deep roots in the community.” •



Back to the Mat

Knee replacement surgery gives a judo master a second chance.

WRITTEN BY **NANCY SOKOLER STEINER** | PHOTOGRAPHED BY **MICHAEL NEVEUX**

Judo has played a powerful role in Tony Mojica's life since childhood. Tony, 62, took up the martial art as a third-grader who needed to get out of his shell. In the more than five decades since, he exclaims, "I've never stopped! I haven't taken any breaks."

Tony competed in local tournaments throughout his school years. After graduating he spent a year-and-a-half in Japan studying judo and the Japanese language. He was an alternate for the 1980 Olympic Judo team and a coach for the 1992 Olympic Judo team.

Throughout his career, Tony made time to teach judo to children in low-income communities. He established the Mojica Judo Club and Training Center as part of the Baldwin Hills Parks and Recreation Center in 1995.

He credits his longevity in the sport in part to Andrew G. Yun, MD, the director of knee replacement at Providence Saint John's Health Center who gave Tony his mobility back.

Throwing and grappling on judo mats took their toll on Tony's right knee. He had knee reconstruction surgery at the age of 28 and was told to quit practicing judo. But Tony couldn't bear the thought

of retiring from the sport he loved.

He underwent another procedure in his 40s and had fluid repeatedly drained from the knee. Each time he was urged to give up judo.

Tony grew resigned to living with pain, but the intensity made life increasingly difficult. He thought about having a total knee replacement but had heard stories about procedures going wrong. He was afraid to take that chance.

The pain grew so intense that Tony could only coach judo from the sidelines. A fellow judo black belt sensei (teacher) advised Tony to see Dr. Yun, medical director of joint replacement services at Saint John's.

A board-certified orthopedic surgeon, Dr. Yun is a nationally recognized specialist in hip and knee joint replacement. He graduated from Princeton University, received his medical doctorate from Stanford Medical School, and finished his surgical training at Harvard.

Under the directorship of Dr. Yun, the knee replacement and hip replacement services at Saint John's have been recognized by *U.S. News & World Report*. In 2016 the joint replacement program was also recognized by Healthgrades with an Excellence Award.

Dr. Yun knew what judo meant to Tony. He had seen Tony in action when Tony visited Dr. Yun's son's judo club as a guest sensei. Tony consulted with Dr. Yun about surgery and was immediately put at ease. "He said he could do the procedure and was very confident," Tony recalls.

"Tony is a living legend, but he could barely walk," says Dr. Yun. "It was hard for him to move, let alone coach or demonstrate any skills. I felt that if I could reconstruct and rebalance his knee, Tony could get on the mat again."

Tony underwent knee replacement surgery in June. He started physical therapy while still in the hospital, and a Saint John's physical therapist visited him at home for three weeks. Following his home therapy, Tony continued his knee rehab at a facility close to his home. He missed only about two weeks of coaching.

"I was impatient to get better. I did a lot of work at home and worked really hard," he says.

Less than five months following his surgery, Tony reports feeling better and stronger each day. He organized a November tournament to raise funds to help kids in need travel to various competitions. He's resumed his own judo workouts and can already throw people. He plans to compete one more time, in Greece, next year.

Dr. Yun brought his 11-year-old son to Baldwin Hills to see Tony coach, and Tony showed the boy some techniques. "Watching him, I thought, 'That's why we do this,'" says Dr. Yun. "It would have been a shame for Tony to stop coaching. He's such an asset to his community."

Looking back, Tony appreciates the quality of care he received at Saint John's. "Everyone was so nice and kept me so comfortable," he says. "I had back surgery a few years ago at another hospital, and it was a terrible experience. This was so much different."

Tony is thankful that he took the leap of faith and trusted Dr. Yun to perform the knee replacement surgery. "I can't thank Dr. Yun enough," says Tony. "He gave me my life back." •

“It would have been a shame for Tony to stop coaching. He's such an asset to his community.”

FOR MORE INFORMATION about how you can support orthopedic services at Saint John's, please contact Jeanne Goldsmith at 310-582-7344 or jeanne.goldsmith@stjohns.org.

Their Hearts Belong to Saint John's

Bob and Beth
Lowe give
generously to
their "family"
hospital.

WRITTEN BY
NANCY BRANDS WARD
PHOTOGRAPHED BY
KRISTIN ANDERSON





ince joining the boards of Providence Saint John's Health Center and the Saint John's Health Center Foundation several years ago, Robert J. Lowe sometimes feels as if he's standing at the mouth of a fire hose learning about the U.S. health care system. And he loves it.

"Being involved closely with the health system is very challenging and fascinating," Bob says. "It's hugely complex. Thinking about how we are going to solve the long-term problem of runaway expenses as people live longer and longer is very difficult."

Bob brings to both boards his considerable business expertise leading Lowe Enterprises, a privately held national real estate investment, management and development firm that has acquired, developed or managed more than \$25 billion in real estate assets since its inception in 1972. Today Bob's two sons, Rob Jr. and Mike, run the operation as co-CEOs, while Bob holds the titles of founder and chairman.

Bob and his wife, Beth, have been involved with Saint John's for 25 years, donating their time, expertise and and generous financial support. The spectacular Terranea Resort in Rancho Palos Verdes, which Lowe Enterprises developed and manages, hosted the Chautauqua weekend retreat for the Foundation's board of trustees.

Bob has been a member of the Health Center's cardiac committee since it started three years ago, and the couple's recent major gift to the cardiac program is their largest single donation to Saint John's. "I have the highest regard for Dr. Peter C.D. Pelikan, my personal cardiologist, as a physician and as a person. Beth and I felt it was appropriate for us to help him and his colleagues buy the technical equipment to continue to give the kind of outstanding care they provide," Bob explains.

Bob and Beth's connection to the Health Center goes back even further. Both their sons were born there, and so were their six grandchildren—four boys and two girls who range in age from 9 to 20.

And that's the heart of their commitment. Saint John's has been their community hospital for more than 50 years. As a couple, Bob and Beth are passionate about supporting the community where they live and do business.

"Both my wife and I model that value," says Bob of the couple's many philanthropic contributions to Southern California. "As a member of the board of the YMCA, I am leading a program to raise \$30 million to endow the four urban YMCA branches most in need in Los Angeles County. Beth started a program to provide preschool for 4-year-olds in Los Angeles County that grew to support 10,000 preschoolers."

Among their many other involvements, both have been large supporters of Children's Hospital in Los Angeles, where Beth served on the board for 15 years. She was honored as Volunteer of the Year by the City of Los Angeles. He received the Lifetime Achievement Award from the Los Angeles Area Chamber of Commerce. Bob is a current member and chairman emeritus of the board of trustees for Claremont McKenna College.

markets in the world so that we can expand services to the area's young and senior population alike."

It was while studying economics at Claremont McKenna College that Bob met Beth. After they married, she transferred to Stanford University to complete her undergraduate degree while Bob earned an MBA there. He decided then that real estate development was what interested him, and with roots in Southern California, the couple returned and made their home here.

For relaxation they both enjoy golfing. With 15 golf courses among Lowe Enterprises' dozens of holdings across the country, they have plenty of options. Most frequently they can be found at the Los Angeles Country Club or The Reserve Club at Indian Wells, another stunning development by his company.

They enjoy spending time with their sons and grandchildren at the Bel Air Bay Club. Travel is another passion. Sometimes they combine the two.

One particularly interesting type of excursion they enjoy is to take each of the six grandkids, at age 8, on a trip to Williamsburg, Virginia, and Washington, DC, to learn about the country's

“It's very important that Saint John's can compete for quality doctors and nurses, and that the Health Center is financially competitive. Under the current ownership, we are doing an excellent job of that.”

"We will continue to support Saint John's as a major beneficiary of our philanthropy," Bob says. "It's very important that Saint John's can compete for quality doctors and nurses, and that the Health Center is financially competitive. Under the current ownership, we are doing an excellent job of that."

"In the longer term, I look forward to the expansion of the Health Center on the south campus. We are in the planning and approval stages. It is a terrific opportunity with land we have in one of the hottest

founding and its government.

Beth preps the kids by reading to them and showing them videos before they go. Bob acts as tour guide in Williamsburg. Then through friends—former California Congressman David Dreier and House Majority Leader Kevin McCarthy—each of the grandchildren has been able to visit the floor of the House of Representatives while in session and push the button to vote.

The trips have created lasting memories, Bob says. "We all really enjoy it."•

BOARD OF ADVOCATES FALL LUNCHEON

The Board of Advocates gathered for their biannual luncheon on November 1 at the Luxe Sunset Boulevard Hotel. Guests enjoyed a presentation by Jason Tarpley, MD, PhD, medical director for the Stroke & Aneurysm Center at Providence Saint John's Health Center, about innovative and lifesaving therapies to diagnose and treat stroke more quickly and more effectively. The Board of Advocates is comprised of friends and patrons of the Health Center and Institute who serve as ambassadors in the community and encourage the support of programs deemed to be of the highest priority by Health Center and Institute leadership.



Victoria Murray, John and Allegra Bessolo



John Miller, Foundation vice president of development, and Robert Segal

BEAUTY BUS FOUNDATION EVENT

A Beauty Bus Foundation event was held December 4, sponsored by the Irene Dunne Guild. The Beauty Bus Foundation was founded in loving memory of Melissa Marantz Nealy who lost her battle with a degenerative neuromuscular disease at the age of 28. Melissa loved a good day at the spa. When her ability to leave home became compromised, in-home beauty services were scheduled. Witnessing the hope, happiness and respite these services brought to Melissa inspired her sister, Wendy Marantz Levine, to launch the Beauty Bus Foundation in hopes of giving the same lift and gift of beauty to others. The IDG provided a day of beauty treats for our caregivers and a year of monthly beauty treatments for Saint John's oncology patients.



Sister Maureen Craig and caregivers enjoy pampering from the Beauty Bus Foundation.

LEGACY GIVING APPRECIATION LUNCHEON

Friends for the Future and Guardians of the Future, individuals who have remembered the Health Center or Institute in their estate plans respectively, gathered together for their annual luncheon at the Luxe Sunset Boulevard Hotel on September 19, 2017. Hospital chief executive, Marcel Loh, updated guests on the Health Center and Institute, followed by Robert Klein, Foundation president and CEO, who shared news about the Foundation. Keynote speaker, Dr. Howard Krauss, discussed the latest advances in neuro-ophthalmology. The lunch program included a presentation by Foundation trustee, Bob Shuwarger, a prominent CPA who shared his expertise about effective estate planning strategies.



Patrick Wayne, Ruth Weil, Judianne Jaffe, Allan Goldman



Steaven Jones, Judith Jones, Robert Feldman, Roberta Feldman, Jane Loh, Marcel Loh



Sister Maureen Craig, Gloria Kaufman, Dr. Howard Krauss



Bob Klein, Dr. Robert McKenna, Jo-Ann Lautman, Dr. Osita Onugha

LUNG CANCER: BREAKTHROUGHS IN TREATMENT AND RESEARCH

An evening devoted to updates on lung cancer treatment and research was held June 29, 2017, at the home of Jo-Ann Lautman, a lung cancer survivor and founder of OUR HOUSE Grief Support Center. Speakers included the Institute's Robert McKenna, MD, who talked about lung cancer treatment, and Osita Onugha, MD, who spoke about artificial intelligence and shaping the future of lung cancer screening.



Marcel Loh, Dr. Jason Tarpley, Mark Gibello, Kris Gibello, Dr. Achal Singh Achrol, Bob Klein, Dr. George P. Teitelbaum

ADVANCES IN STROKE MEDICINE: A CAUSE FOR HOPE

An education event on advances in stroke was held August 16, 2017, at the home of Foundation trustee Mark Gibello and Kris Gibello. Jason W. Tarpley, MD, PhD, spoke about stroke care and why time is of the essence when a patient is suffering from a stroke. George P. Teitelbaum, MD, discussed promising new strategies in stroke treatment, and Achal Singh Achrol, MD, discussed advanced neurosurgery clinical trials for brain recovery after stroke.

PACIFIC NEUROSCIENCE SYMPOSIUM

The 2017 Pacific Neuroscience Symposium, held on September 22-23, 2017, at the Loews Santa Monica Beach Hotel, reached medical professionals throughout Southern California. Physicians, fellows, residents, nurse practitioners and nurses looking to further their knowledge in the neurosciences and neuro-oncology took advantage of this learning opportunity, and they were not disappointed. Both days were jam-packed with talks from PNI faculty experts covering advanced treatment topics across all the Centers of Excellence.

Guest speakers from specialized neurological centers in Los Angeles delivered insightful talks. Mia Miller, MD, ear surgeon at House Clinic, described methods for hearing preservation and restoration in the treatment of acoustic neuromas. Christopher Duma, MD, medical director of the Brain Tumor Program at Hoag Memorial Hospital, Newport Beach, described the literal “leading edge” of his radiosurgery treatment methodology and vaccine trials for glioblastoma. S. Kumar Shankhala, MD, director of clinical research and co-director of sarcoma oncology at Cedars-Sinai Medical Center, described how melanoma and lung cancer oncology is changing the primary brain tumor landscape.



1. Dr. Daniel F. Kelly, PNI founder, director of PNI, Brain Tumor and Pituitary Disorders Centers; and keynote speaker Dr. Neil Martin, director of the Neuroscience Institute, Geisinger Health, Danville, Pennsylvania
2. Dr. Garni Barkhoudarian, director of the Facial Pain and Adult Hydrocephalus centers, co-director of the Pituitary Disorders Center
3. The movement disorders team: Giselle Tamula; Dr. Jean-Philippe Langevin, director of Restorative Neurosurgery; Dr. Melita Petrossian, director of the Movement Disorders Center
4. Dr. Daniel Franc, co-director of the Adult Hydrocephalus Center
5. Neurosciences and neurotherapeutics team: Dr. Venkata Yenugonda; Dr. Achal Singh Achrol; Natsuko Nomura; Dr. Santosh Kesari; Dr. Brent Reynolds, the symposium's keynote speaker and professor and head of the Neural Stem Cell Lab at the department of neurosurgery, University of Florida; Dr. Tiffany Juarez; Dr. Ivan Babic and Dr. Elmar Nurmammadov
6. Dr. Jason Tarpley, director of the Stroke and Aneurysm Center

PALISADES-WILL ROGERS 40TH ANNIVERSARY 5K AND 10K RUN

Providence Saint John's Health Center once again served as the title sponsor of the festive July 4th Palisades-Will Rogers 5K and 10K run through the streets of Pacific Palisades and Will Rogers State Park. Foundation trustees, physicians, donors, patients and their families joined the fun. The race proceeds benefit Will Rogers Race Foundation, which supports many Westside youth charities.

Bill Simon, Dr. John Moreland, Bob Klein



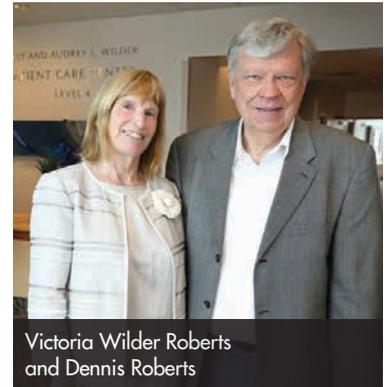
BILLY AND AUDREY WILDER DEDICATION

A blessing and dedication for the Billy and Audrey L. Wilder Patient Care Center was held May 23, 2017, to honor the family's significant estate gift to the health center. Billy and Audrey L. Wilder were longtime friends of Saint John's. Billy, a legendary film director, and Audrey, an actress, contributed regularly to the hospital beginning in the 1980s when Audrey's mother was a patient. Billy's career spanned a half-century. He made 60 films and won six Oscars, including three Oscars for the 1960 film *The Apartment*. Audrey was a singer in the Tommy Dorsey Band and a contract player at Paramount. She made nearly two dozen films in the 1940s.

The ribbon-cutting was held at the Billy and Audrey L. Wilder Patient Care Center on the fourth floor of the Chan Soon-Shiong Center for Life Sciences building at Saint John's with a luncheon following in the Holden Boardroom. Guests in attendance included Victoria Wilder Roberts (Billy's daughter) and husband, Dennis Roberts; Burt Levitch, Esq.; Harold Nelson; Saint John's Health Center Foundation trustee Dominic Ornato; Marcel Loh; Bob Klein and Sister Maureen Craig.



Attendees at the dedication included Burt Levitch, Esq. (top left); Victoria Wilder Roberts and Dennis Roberts (fifth from left and top center) and Harold Nelson (top right).



Victoria Wilder Roberts and Dennis Roberts

NATIVE SONS OF THE GOLDEN WEST MASS, A RAY OF SUNSHINE

On October 1, 2017, continuing a 49-year tradition of helping Saint John's Cleft Palate and Craniofacial Center, The Native Sons of the Golden West presented Sister Maureen Craig, SCL, a check for \$85,000, which spelled good news for hundreds of children and their families. In total, the organization has raised more than \$1.8 million for the care and treatment of children with cleft lip and/or palate and other craniofacial abnormalities. The Cleft Palate Center at Providence Saint John's Health Center, founded in 1964, was the first cleft palate team in Los Angeles. The Center treats patients using cutting-edge technology housed in a state-of-the-art community setting.



Left: Dr. Danelle Fisher, medical director, Cleft Palate Center; Citlalin Aparicio, sister of TeOnte Lenard; TeOnte Lenard, a patient of the Cleft Palate Center; Theresa Vargas, TeOnte's mother; Dr. Reza Jarrahy, surgical director, Cleft Palate Center



Below left: (From left) Erik Christeson, grand president, Native Sons of the Golden West (NSGW); Joe Ursino, chairman, Charitable Foundation Board, NSGW; Robert Santos, treasurer, Charitable Foundation Board, NSGW; Sister Maureen Craig, chaplain, Saint John's Health Center Foundation; Dr. Danelle Fisher; Stephen Faessel, Southern California Coordinator, NSGW; Dr. Donald Larsen, chief medical officer, Providence Saint John's Health Center

YOU CHOOSE: TAXES OR CHARITY?

Strategic charitable estate planning can benefit you, your family and Saint John's

Charitable estate planning can help you maximize your philanthropy AND save you and your family taxes. One idea? Make a tax-free gift from your IRA. If you are 70½ years old or older, you can take advantage of a simple way to help our patients and families and receive

tax benefits in return. You can give any amount up to \$100,000 per year from your IRA directly to a qualified charity without having to pay income taxes on the money. This law no longer has any expiration date so you are free to make annual gifts to us this year and well into the future.

“IRA funds passed to our children can be taxed up to 70%, so using it to make a donation makes financial sense for us.”



WHY CONSIDER A GIFT FROM YOUR IRA?

- Your gift will be put to use today, allowing you to see the difference your donation is making.
- You pay no income taxes on the gift. The transfer generates neither taxable income nor a tax deduction, so you benefit even if you do not itemize your tax deductions.
- If you have not yet taken your required minimum distribution for the year, your IRA charitable rollover gift can satisfy all or part of that requirement.
- IRA's can be taxed up to 70% if left to heirs as part of an estate.

FRIENDS FOR THE FUTURE

An estate gift to Saint John's Health Center Foundation is a reflection of your commitment to world-class health care at Providence Saint John's Health Center. By including Saint John's Health Center Foundation in your estate plans, we are delighted to welcome you as a member of the Foundation's "Friends for the Future" legacy society. Your generosity and foresight will make an impact on our mission, and will help to inspire others to create a legacy for the entire community and beyond, for years to come.

CREATE A BRIGHT FUTURE

Our experienced staff can work with you and your financial advisors to prepare personalized, confidential information and customized illustrations without any commitment. Please contact Andy Trilling, vice president of principal gifts, at 310-449-5246 or Andrew.Trilling@stjohns.org.

Would you like to support Saint John's and receive income for life?

Secure Your Future

& Help ensure we are here for future generations with a Charitable Gift Annuity:

Age	Rate	Effective Rate (With Tax Benefits)
65	4.7%	7.59%
70	5.1%	8.56%
75	5.8%	10.04%
80	6.8%	12.12%
85	7.8%	14.53%

- + Receive an immediate charitable tax deduction
- + Receive additional potential savings in capital gains tax if you fund with appreciated assets
- + Receive timely, fixed payments for you and/or your spouse's lifetimes
- + Make a significant philanthropic impact!

*American Council of Charitable Gift Annuity Rates as of January, 2018. Single Life. Effective rate will vary based on your income tax bracket. Minimum age: 65

*Minimum to fund gift annuity is \$25,000.

Please call Andy Trilling, Vice President of Principal Gifts at (310) 449-5246 or email Andy.Trilling@StJohns.org for more information and a personalized illustration with no obligation.

You can also visit www.SaintJohnsFoundation.PlanMyLegacy.org as resource for your overall charitable estate planning.



2121 Santa Monica Boulevard
Santa Monica, CA 90404 USA

310-829-8424

www.SaintJohnsFoundation.org

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Family Affair

Bob and Beth Lowe
have roots at
Saint John's



The Next 75 Years

Patients can expect the same
compassionate, patient centered care. » page 16

SAINT JOHN'S HEALTH CENTER FOUNDATION MISSION STATEMENT

Providing leadership and philanthropic support to Providence Saint John's Health Center, the John Wayne Cancer Institute and Pacific Neuroscience Institute that serve as catalysts for exceptional health care and research.



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